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## **COLONOSCOPY PREPARATION**

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**PLEASE FOLLOW THESE INSTRUCTIONS FOR THE BEST POSSIBLE EXAMINATION, SO YOUR DOCTOR CAN EVALUATE YOU APPROPRIATELY AND PROCEDURE WILL NOT NEED TO BE REPEATED.**

- HOLD IRON FOR 7 DAYS,
- IF YOU TAKE ASPIRIN PRADAXA, EFFIENT, XARELTO, BRILINTA HOLD IT FOR \_\_\_\_\_ DAYS PRIOR TO PROCEDURE
- IF YOU TAKE PLAVIX OR COUMADIN, HOLD IT FOR \_\_\_\_ DAYS BEFORE THE PROCEDURE.

### **DAY BEFORE COLONOSCOPY:**

- Eat a small bland breakfast then **ONLY Drink CLEAR LIQUIDS** (see list). NO solids particles, take all your daily medication
- Take only half of your diabetic medication

FOLLOW THE INSTRUCTIONS FOR THE PREP \_\_\_\_\_

Drink a lot of water and clear liquids all day

### **DAY OF THE PROCEDURE**

- Bring your regular medications to take after the procedure.
- You must be accompanied by a friend or a relative to drive and/or assist you home.
- Show up on time

**IF YOU NEED TO CANCEL OR RESCHEDULE YOUR APPOINTMENT PLEASE CALL THE OFFICE 48 HRS BEFORE YOUR APPOINTMENT**

Procedure Date: \_\_\_\_\_ Time: \_\_\_\_\_

Alfa Surgi center  Scripps C.V  Otay lake Surgi center  Endo Center C.V